

PROVISIONAL TIMETABLE – SPRING 2021

Course Title	Start Date	Day	Time	Duration
COMPUTER COURSES - Online				
Microsoft Teams	12/04/2021	Monday	9.45 am – 11.45 am	3 Weeks
Canva	12/04/2021	Monday	12.30 pm – 2.30 pm	3 Weeks
Microsoft Excel Foundation	13/04/2021	Tuesday	9.45 am – 11.45 am	5 Weeks
Microsoft PowerPoint	13/04/2021	Tuesday	12.30 pm – 2.30 pm	4 Weeks
Shopping Online & Staying Safe	10/05/2021	Monday	9.45 am – 11.45 am	3 Weeks
Introduction to Zoom	10/05/2021	Monday	12.30 pm – 2.30 pm	3 Weeks
Microsoft Word for Business	11/05/2021	Tuesday	12.30 pm – 2.30 pm	6 Weeks
Microsoft Excel Intermediate/Advanced	18/05/2021	Tuesday	9.45 am – 11.45 am	5 Weeks
FOR MORE DETAILS ABOUT ABOVE CLASSES CONTACT INGRID – fswc.ingrid@gmail.com				
WELLBEING - Online				
Breast Bowel Cervical Awareness	18/03/2021	Thursday	10.00 am – 11.00 am	3 Weeks
Holistic Self Care	13/04/2021	Tuesday	10.00 am – 12.00 noon	8 Weeks
Assertiveness	14/04/2021	Wednesday	1.00 pm – 3.00 pm	8 Weeks
14 Day Walk Challenge	16/04/2021	Friday	30 minutes	14 Days
Tai Chi & Relaxation	12/04/2021	Monday	12.30pm – 1.00 pm	6 Weeks
FOR MORE DETAILS REGARDING ABOVE CLASSES CONTACT AMANDA – fswc.amandab@gmail.com				
ESOL				
ESOL Entry 1	21/09/2020	Mon & Tues	9.45 am – 11.45 am	Ongoing
ESOL Entry 2	22/09/2020	Tues & Thurs	1.00 pm – 3.00 pm	Ongoing
ESOL Entry 3	22/09/2020	Tues & Thurs	9.45 am – 12.45 pm	Ongoing
ESOL Level 1	21/09/2020	Mon & Wed	9.45 am – 12.45 pm	Ongoing
FOR MORE DETAILS REGARDING ABOVE CLASSES CONTACT CARMEL – fswc.carmel@gmail.com				

Courses/Dates/Times Subject To Change